

SAD

Tearful
 Sorrowful
 Pained
 Grief
 Anguish
 Desperate
 Low
 Pessimistic
 Unhappy
 Grieved
 Mournful
 Grave
 Dismayed
 Bummed
 Despondent
 Heavy-hearted
 Scorned
 Grey
 Miserable
 Blue
 Longing
 Disappointed
 Grim
 Gloomy
 Lost
 Moody
 Burdened
 Discouraged
 Let down

DEPRESSED

Lousy
 Dysphoric
 Dreary
 Irritated
 Contemptuous
 Fiery
 Spiteful
 Perturbed
 Abrasive
 Stewing
 Seething
 Livid
 Confrontive

Dark
 Black
 Morose
 Dour
 Besieged
 Morbid
 Suicidal
 Accursed
 Abysmal
 Ashamed
 Diminished
 Self-destructive
 Self-abasing
 Guilty
 Dissatisfied
 Loathsome
 Worn out
 Repugnant
 Despicable
 Abominable
 Terrible
 Despairing
 Sulky
 Bad
 Sense of loss

DAMAGED

Aberrant
 Maimed
 Detestable
 Ruined
 Defiled
 Scarred
 Impure
 Spoiled
 Ticked off
 Riled
 Nauseated
 Vicious
 Wary
 Sore
 Annoyed
 Upset
 Hateful
 Unpleasant

Infected
 Scathed
 Beleaguered
 Impaired
 Disgusting
 Crippled
 Abhorred
 Destroyed
 Abnormal
 Contaminated
 Contemptible

UNCOMFORTABLE

Awkward
 Discomfit
 Antsy
 Disturbed
 Sickened
 Off-balance
 Sour
 Fidgety
 Peculiar
 Icky
 Ill-tempered
 Odd
 Inappropriate
 Out of it
 Conspicuous
 Off-center
 Rotten
 Discontented

ANGRY

Misanthropic
 Miffed
 Mean
 Enraged
 Rude
 Retaliatory
 Menacing
 Ruthless
 Mouthy
 Nasty
 Dangerous
 Vengeful

Pissed off
Bristling
Dangerous
Galled
Bugged
Disgruntled
Contentious
Abusive
Enraged
Surly
Bloodthirsty
Hostile
Insulting
Disgusted
Exasperated
Repulsed
Steamed
Dismayed
Frustrated
Revolted
Troubled
Cranky
Horrorified
Furious
Outraged

Offensive
Bitter
Aggressive
Aggravated
Appalled
Resentful
Inflamed
Provoked
Incensed
Infuriated
Cross
Worked up
Boiling
Fuming
BORED
Mundane
Listless
Under-stimulated
Dreary
Tedious
Unchallenged
Bland
HURTFUL

Offensive
Malicious
Malignant
Malevolent
Cruel
Manipulative
Sadistic
Harmful
Controlling
VULNERABLE
Exposed
Bullied
Corralled
Small
Susceptible
Expendable
Bare
Raw
Delicate
One-upped
Weak
Obscured
Little
Eclipsed

Controlled
Conned
Conspicuous
Sensitive
Constrained
Blind
Bested
Lost
Broken
One-down
Open
Captive

EMBARRASSED

Humiliated
Ashamed
Clumsy
Uncomfortable

Deceitful
Wrong
At fault
Faulty
ALONE
Abandoned
Antisocial
Outnumbered
Loveless
Estranged
Bypassed
Dissociated
Longing
Inaccessible
Friendless
Needy
Disregarded

Planless
Scattered
Seeking
Stranded
Stumped

CONFUSED

Ambivalent
Puzzled
Uncertain
Conflicted
Indecisive
Hesitant
Misgiving
Lost
Unsure
Uneasy
At a loss

Mortified
Awkward
Silly
Disgraced
Conspicuous
Foolish
Absurd

GUILTY

Undeserving
Responsible
Rueful
Contrite
Regretful
Accountable
Remorseful
Culpable

Distant
Alienated
Desolate
Avoided
Apart
Disliked
Deserted
Aloof
Ignored
Dispossessed
Rejected
Isolated
Excluded
Jilted

LOST

Rudderless

Tense
Perplexed
Flustered
Confused
Befuddled
Disconcerted
Mystified
Bewildered
Anxious
Muddled
Baffled
Addled
Distracted
Doubtful

SHOCKED

Agape

Aghast
Agog
Flabbergasted
Stricken
Jolted
Stunned
Dumbstruck
Startled
Jarred
Astonished
Rattled
Dumbfounded
Dazed
Stupefied
Dumfounded
Astounded
Awestruck

NEGATIVE

Averse
Hesitant
Against
Opposed
Quarrelsome
Resistant
Disharmonious

Drained
Stretched
Pooped
Strained
Faint
Bedraggled
Dried up
Listless
Limp
Overloaded
Harried
Hassled
Downtrodden

Depleted
Exhausted
Done-in
Fried
Weary
Finished
Dispirited
Spent
Careworn
Used up

AFRAID

Fear

Wary
Frightened
Jittery
Jumpy
Scared
Threatened
Terrified
Spooked
Shaken
Uneasy
Overwhelmed
Alarmed
Worried

ANXIOUS

Daunted
Timid
Knotted
Self-conscious
Neurotic
Restless
Fretful
Stressed
Guarded
Ruffled
Skittish

Rebellious
Oppositional
Stubborn
Recalcitrant

TIRED

Battle-worn
Worn
Overdrawn

Boxed-in
Cornered
Chilled
Suspicious
Anxious
Doubtful
Cowardly
Quaking
Menaced

Preoccupied
Frantic
Pell-mell
Obsessive
Shy
Overcome
Shaky
Jangled
Insecure

Nervous
Dreading
Panicky
Unnerved
Cautious
Antsy

HURT

Invalidated
Chastised
Invisible
Ridiculed
Screwed
Wronged
Abased
Punched
Humiliated
Squashed
Burned
Blamed
Annihilated
Rebuffed
Brutalized
Bushwhacked
Laughed at
Agonized
Heart-broken
Disrespected
Victimized
Insulted
Jilted
Cheated
Devalued
Forgotten

Neglected
Defeated
Persecuted
Put down
Oppressed
Slighted
Aching
Afflicted
Injured
Offended
Rejected
Assaulted
Dejected
Tortured
Pained
Deprived
Tormented
Bleeding
Crushed
Abused
Damaged
Ignored
Snubbed
Diminished
Betrayed
Deflated

VICTIMIZED

Bullied
Quashed
Mistreated
Scapegoated
Eviscerated
Jinxed

Suffocated
Intruded upon
Erased
Set up
Objectified
Railroaded
Reamed
Denounced
Emasculated
Controlled
Denigrated
Deceived
Bamboozled
Abused
Crushed
Duped
Devoured
Dumped-on
Cuckolded
Cursed
Degraded
Damned
Debased
Cheated
Cheated on
Deprived
Crucified

INADEQUATE

Mediocre
Unworthy
Incompetent
Spineless
Insecure

Intimidated

Hoodwinked

Meek

Insufficient

Despairing

Uncaring

Powerless

Distressed

Dulled

Helpless

Pathetic

Mindless

Inferior

Dominated

Incapable

Tragic

HAPPY

Useless

Woeful

Joyous

Inadequate

Frustrated

Mirthful

Inept

Hesitant

Peachy

Unworthy

Empty

Fortunate

Weak

Inferior

Giddy

Pathetic

Fatigued

Exuberant

Worthless

Alone

Buoyant

One-down

Overwhelmed

Delighted

Deficient

Overjoyed

Enfeebled

INDIFFERENT

Gleeful

Second-rate

Apathetic

Thankful

HELPLESS

Lifeless

Festive

Incapable

Empty

Ecstatic

Controlled

Bland

Satisfied

Stifled

Robotic

Glad

Impotent

Dead

Cheerful

Paralyzed

Disinterested

Sunny

Straight-jacketed

Emotionless

Merry

Stuck

Lackadaisical

Perky

Stonewalled

Banal

Jubilant

Micro-managed

Blasé

Elated

Lame

Cavalier

Delirious

Useless

Cold

Soaring

Vulnerable

Bored

Important

Hindered

Absent

Lucky

Immobile

Neutral

Great

Ineffective

Weary

Sparkling

Futile

Reserved

Bouncy

Forced

Nonchalant

Blissful

Insensitive

OPEN

Electric

Admiration

Understanding

Spirited

Passionate

Ready

Thrilled

Devoted

Confident

Wonderful

Attracted

Reliable

Awake

Cuddly

Kind
Accepting
Receptive
Satisfied
Sympathetic
Adventurous
Fun-loving
Boundless
Exultant
Interested
Free
Amazed
Easy
Aboard

ALIVE

Playful
Courageous
Energetic
Glowing
Spunky
Liberated
Optimistic
Peppy
Reborn
Provocative
Impulsive
Free
Frisky
Animated

Persevering
Revitalized
Brave
Unique
Dynamic
Nervy
Moral
Influential
Feisty
Rebellious
Outspoken
Sure
Ethical

Colorful
Glorious

GOOD

Serene
Relaxed
Deserving
Calm
Decent
Pleasant
At ease
Comfortable
Pleased
Clean
Fabulous
Encouraged
Surprised
Extraordinary
Smart
Clever
Content
Quiet
Bright
Pleased
Reassured
Sure
Certain

LOVING

Considerate

Earnest
Intent
Anxious
Determined
Inspired
Complimented
Productive
Pumped
Sincere
Hopeful

ACCEPTABLE

Adequate

Tender
Sensitive
Caring
Affectionate
Love
Connection
Warmth

INTERESTED

Engrossed
Snoopy
Nosy
Concerned
Affected
Intrigued
Fascinated
Inquisitive
Rapt
Absorbed
Curious
Attentive
Aware
Imaginative

STRONG

Hardy
Tenacious
Resolute
Stable
Authoritative

Heady
Intelligent
Bright
Accurate
Brainy
Focused
Brilliant
Knowing
Decisive
Clear
Quick
Informed
Observant

Certain
Free
Clear
Graceful
In control
Confrontive
Reliable
Able
Accomplished
Assertive
Assured
Solid
Capable
Competent
Courageous
Hardy

POSITIVE

Enthusiastic
Excited
Eager
Keen

Generous
Affectionate
Responsible
Warm
Nurturing
Cuddly
Communicative

RELAXED

Calm
Breezy
Sleepy
Released
Chill
Resolved

ATTRACTIVE

Captivating
Pretty
Funny
Jazzy

Okay
Good enough
Average
Functional
Legitimate

CARED FOR

Admired
Pampered
Appreciated
Accommodated
Esteemed
Honored

THANKFUL

Appreciative
Grateful
Obliged
Beholden
Owing

SMART

Well-dressed
Coordinated
Stylish
Debonair

Articulate
Imaginative
Logical
Mature
Sagacious
Wise
Skilled
Thoughtful
Sensible

CARING

Benevolent
Loving
In tune
Connected
Empathetic
Selfless
Sympathetic
Gracious
Dedicated
Attached
Loyal

Irresistible
Handsome
Good-looking
Desirable
Appealing
Popular
Lovely
Beautiful
Hot
Gorgeous
Interesting
Dandy
Sexy
Dapper